

last straw strategies

99 tips to bring you back from the end of your rope

eating

Michelle Kennedy



Resumo de Eating

Kids who refuse dinner never starve. Sometimes they don't want the chicken on their plate because they've just eaten two peanut butter sandwiches. The author discusses between-meal snacks and gives ideas for painless weaning, introducing kids to solid foods, helping to change the attitude of picky eaters, and more. Moms and dads sometimes find their kids resisting the recommendations and strategies proposed by childcare specialists.

That's when it's time to turn to Last Straw Strategies, a series of lighthearted books filled with practical, old-fashioned wisdom that has passed down through the ages. A longtime journalist and an experienced mom, Michelle Kennedy offers pragmatic solutions instead of fashionable psychological theory.

Her user-friendly books contain sound suggestions for relieving three of the most common frustrations suffered by new parents: crying, eating problems, and sleeping problems. Her attitude—infused with wit, energy, and compassion—is perfectly complemented by humorous two-color line illustrations that appear with most of her examples.

Parents might want to laugh at some of the proposed solutions, but their laughs will become delighted smiles when they discover that the solutions really work!

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