

Eckhart Tolle



FREEDOM FROM THE WORLD

Bridging the Dimensions
of Form and Formlessness

Resumo de Freedom from the World: Bridging the Dimensions of Form and Formlessness

Once there was a student who asked the master, How can I become free of the world? The reply: Love the world and everything in it. How do we handle this paradox?

By allowing and accepting what is. This is the simple yet life-changing teaching Eckhart Tolle shares on Freedom from the World, a retreat with the bestselling author of The Power of Now.

Many people who have made it in the eyes of the world will be the first to tell you they re actually miserable, begins Eckhart. This is because our worldly possessions and accomplishments will only bring short-term fulfillment if our lives are not rooted in the unified, unmanifested source of life itself, or what Eckhart often calls the formless dimension.

Join Eckhart for a nine-session exploration of how we each can become a master of life and an agent of transformation as we learn to be and act simultaneously in the material realm and the formless dimension.

Topics include: Breaking the cycle of reincarnating thoughts Sense perceptions, the inner body, and on-the-spot inquiries that serve as portals to presence Simple practices to deepen your daily interactions with others You are a blessing on the planet when you are in touch with the spacious, formless dimension within yourself, explains Eckhart.

Freedom from the World brings you his empowering teachings for bridging the dimensions of form and formlessness and living with renewed joy, peace, and sense of a meaningful purpose."

[Acesse aqui a versão completa deste livro](#)