

PREVENTION AND TREATMENT  
FOR EVERY KIND OF HEADACHE PAIN

# HEADACHES

47 WAYS  
.....  
TO STOP  
.....  
THE PAIN  
.....

A  
PEOPLE'S  
MEDICAL  
SOCIETY BOOK

CHARLES B. INLANDER & PORTER SHIMER

# Resumo de Headaches: 47 Ways to Stop the Pain

An invaluable guide to alleviating and preventing headaches identifies the distinct characteristics of headaches, reveals their most common triggers, and provides effective treatments in easy-to-understand and comprehensive chapters. Reprint."

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