

# LIVING WITH SHINGLES

New Hope For An Old Disease

- WHAT CAUSES SHINGLES
- HOW TO RECOGNIZE SYMPTOMS
- WHY EARLY TREATMENT IS ESSENTIAL
- COPING WITH COMPLICATIONS
- PREVENTION OF SHINGLES

**MARY-ELLEN SIEGEL  
and GRAY WILLIAMS**

# Resumo de Living with Shingles: The Chronic Condition of the Reactivated Herpes Zoster Virus

Now a readily available book for the 850,000 people per year who develop this painful viral disease.

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