

*A Safe, Step-by-Step, Individualized Guide to Estrogen, Progesterone, Testosterone, DHEA,
Human Growth Hormone, Melatonin, and Pregnenolone Replacement for All Ages*

NATURAL HORMONE BALANCE

for Women



*Look Younger, Feel Stronger,
and Live Life with Exuberance*

UZZI REISS, M.D./O.B.-GYN.

with Martin Zucker

Resumo de Natural Hormone Balance for Women: Look Younger, Feel Stronger, and Live Life with Exuberance

A pioneering gynecologist and antiaging specialist with a successful Beverly Hills practice, Dr. Uzzi Reiss shows the way for women who want to turn back the effects of time through natural hormone therapy, but who wonder: is it safe?

Does it work? Is hormone therapy right for me? "Natural Hormone Balance for Women" is Dr. Reiss's breakthrough, step-by-step program for women who want to take control of their lives by restoring hormonal balance.

This revolutionary, commonsense natural hormone replacement program is designed to meet the individual needs of most women looking to rejuvenate body and mind and offers astounding benefits for women of all ages: More energy and stamina * Improved memory * Healthier, more youthful skin * Balanced moods * Less depression and anxiety * Stabilization of weight and more muscle definition * Better sleep patterns * PMS and menopausal symptoms reduced or eliminated * Enhanced sexuality Dr.

Reiss takes the confusion out of the medical information you need to know. In clear, nontechnical language, he thoroughly explains: -the important difference between standard chemical hormone prescriptions and natural hormone replacements -which hormone replacements are best for you and how to adjust them to your maximum individual benefit -how to take hormones without worry -how to choose the most effective hormonal gel, cream, pill, or sublingual drops, and when to use them.

Dr. Reiss has helped thousands of women transform their lives by achieving natural hormone balance. Now you can tap into the replenishing "fountain of youthfulness" that is not only essential for better life, but easier and safer to achieve than ever before."

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