



THE EMERGING WESTERN BUDDHISM

# ONE DHARMA

PREFACE BY HIS HOLINESS THE DALAI LAMA

JOSEPH GOLDSTEIN

“Brimming with wisdom and compassion, *One Dharma*  
offers a brilliant map of the spiritual path.”

—DANIEL GOLEMAN, author of *Emotional Intelligence*

# Resumo de One Dharma: The Emerging Western Buddhism

One of America's most respected Buddhist teachers distills a lifetime of practice and teaching in this groundbreaking exploration of the new Buddhist tradition taking root on American soil.

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