

SCHEMA THERAPY

A PRACTITIONER'S GUIDE

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Resumo de Schema Therapy: A Practitioner's Guide

Columbia Univ., New York City, NY. Text provides a comprehensive overview of schema therapy for the treatment of personality disorders. Emphasizes the differences between schema therapy versus various other types of therapy.

Provides step-by-step guidelines for assessment and workable plans for brief and long-term treatment. For psychologists.

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