

The 5

Elements

of Edward B. Burger
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Effective
Thinking

Resumo de The 5 Elements of Effective Thinking

"The 5 Elements of Effective Thinking" presents practical, lively, and inspiring ways for you to become more successful through better thinking. The idea is simple: You can learn how to think far better by adopting specific strategies.

Brilliant people aren't a special breed--they just use their minds differently. By using the straightforward and thought-provoking techniques in "The 5 Elements of Effective Thinking," you will regularly find imaginative solutions to difficult challenges, and you will discover new ways of looking at your world and yourself--revealing previously hidden opportunities.

The book offers real-life stories, explicit action items, and concrete methods that allow you to attain a deeper understanding of any issue, exploit the power of failure as a step toward success, develop a habit of creating probing questions, see the world of ideas as an ever-flowing stream of thought, and embrace the uplifting reality that we are all capable of change.

No matter who you are, the practical mind-sets introduced in the book will empower you to realize any goal in a more creative, intelligent, and effective manner. Filled with engaging examples that unlock truths about thinking in every walk of life, "The 5 Elements of Effective Thinking" is written for all who want to reach their fullest potential--including students, parents, teachers, businesspeople, professionals, athletes, artists, leaders, and lifelong learners.

Whenever you are stuck, need a new idea, or want to learn and grow, "The 5 Elements of Effective Thinking" will inspire and guide you on your way. To share thinking stories, go to: [http: //5elementsofthinking.wordpress.com](http://5elementsofthinking.wordpress.com)

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