## COENZYME Q10 PHENOMENON

The breakthrough nutrient that helps combat heart disease, cancer, aging and more

"I highly recommend this book for physicians and their patients as a source of authoritative information about this vitally important nutrient." Kilmer S. McCully, M.D. author of *The Homocysteine Revolution* 

Stephen T. Sinatra, M.D. F.A.C.C. Author of *Heartbreak and Heart Disease* 



## Resumo de The Coenzyme Q10 Phenomenon

Drawing on the latest scientific and clinical research, Dr. Stephen T. Sinatra explains why Coenzyme Q10, a naturally occurring vitamin-like substance, offers tremendous promise in the treatment of heart disease as well as many other ailments.

With complete information on how and when to use Coenzyme Q10 as a dietary supplement, this breakthrough guide is a must for heart patients and health-conscious readers everywhere.

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