the **POSITIVITY**INSTANT HAPPINESS HAPPINESS HAPPINESS HAPPINESS HAPPINESS HAPPINESS

LISA CURRIE

AUTHOR OF ME, YOU, US



Resumo de The Positivity Kit: Instant Happiness on Every Page

Brimming with engaging prompts that focus on the good things in life, this interactive book is guaranteed to cheer up even the grumpiest person on the rainiest day. Prompts include: Draw your dream home.Make a grateful list.Compile the perfect playlist.Draw yourself a tattoo (on paper!).List 30 great ways to spend a free hour.Write a thank you note to a stranger.

On the heels of "Me, You, Us "and "The Scribble Diary, The Positivity Kit "is illustrator Lisa Currie's most personal, and most upbeat, book yet."

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