
The **CONTEXT PRESS** *Mastering ACT Series*

The Self IN PRACTICE



A CLINICIAN'S GUIDE TO
**ASSESSING, OBSERVING &
SUPPORTING CHANGE
IN YOUR CLIENTS**

LOUISE MCHUGH, PHD
IAN STEWART, PHD
EMILY K. SANDOZ, PHD

Resumo de The Self in Practice: A Clinician's Guide to Assessing, Observing, and Supporting Change in Your Clients

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