

FROM THE AUTHOR OF  
*The Laws of the Sun*

# THE STARTING POINT OF HAPPINESS

*A Practical and Intuitive Guide to Discovering  
Love, Wisdom, and Faith*

AN INTERNATIONAL BESTSELLING AUTHOR

RYUHO  
SPIRITUAL LEADER & THE FOUNDER OF HAPPY SCIENCE  
OKAWA



# Resumo de The Starting Point of Happiness: A Practical and Intuitive Guide to Discovering Love, Wisdom, and Faith

As human beings, we enter this world with nothing and leave with nothing. Between our birth and death, our life presents us with manifold opportunities and great challenges. According to best-selling author and spiritual teacher, Ryuho Okawa, we can either be attached to acquiring possessions and material goods, or we can seek the true path of happiness paved by a love that gives rather than receives, that welcomes light rather than darkness and which emulates the lives and qualities of great people who have lived with integrity, wisdom, and courage.

In *The Starting Point of Happiness*, Okawa beautifully illustrates how we can attain happiness and live a purposeful life. He counsels spiritual seekers to be strong when difficulties occur, to respect and love others, and to be in tune with the will of the universe.

By doing this, we are walking on the path of happiness."

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