



M A R I A S T O L Z

the ultimate betrayal

A Psychotherapy Journal of a Tortuous Childhood and Survival

Resumo de The Ultimate Betrayal: A Psychotherapy Journal of a Tortuous Childhood and Survival

The Ultimate Betrayal is a unique inside look and view into the private realm of a therapist's office during seven intensive years of psychotherapy. Ms Stolz is an adult survivor of terrifying and horrifying childhood battery and violence.

In June 1996, suffering from severe posttraumatic stress disorder (PTSD), the author became a patient who kept an extensive journal of the conversations and emails that occurred between her and the therapist.

This is a testament to all adult survivors who live as ghosts burdened with secrets of the family crucible. It is hoped that the book will welcome them back among the living by showing them how to heal -- that it is possible to find joy in living and thrive in their lives.

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