

"I have been impressed with the work of Meir Schneider for many years, having personally seen the improvements in vision of those who have worked with him."
—August Reader III, MD, FACS, Clinical Professor of Ophthalmology, California Pacific Medical Center, San Francisco

Vision FOR LIFE



10 Steps to Natural Eyesight Improvement

- Improve your vision and eye health •
- Prevent stress- and age-related deterioration of your eyesight •
- Gain concrete results with practical vision exercises •

MEIR SCHNEIDER, PhD

Foreword by M. Fernanda Leite Ribeiro

Resumo de Vision for Life, Revised Edition: Ten Steps to Natural Eyesight Improvement

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