



MARYA
HORNbacher

With a new afterword by the author

wasted

*A Memoir of Anorexia
and Bulimia*

"Gritty, unflinching . . . written from the
raw, disintegrated center of young pain. . . .

Hornbacher is wise beyond her years."

—*New York Times Book Review*

Resumo de Wasted: A Memoir of Anorexia and Bulimia

A classic of psychology and eating disorders, now reissued with an important, and perhaps controversial, new afterword by the author, *Wasted* is New York Times bestselling author Marya Hornbacher's highly acclaimed memoir that chronicles her battle with anorexia and bulimia. Vivid, honest, and emotionally wrenching, *Wasted* is the memoir of how Marya Hornbacher willingly embraced hunger, drugs, sex, and death—until a particularly horrifying bout with anorexia and bulimia in college forever ended the romance of wasting away. In this updated edition, Hornbacher, an authority in the field of eating disorders, argues that recovery is not only possible, it is necessary.

But the journey is not easy or guaranteed. With a different ending to her story that adds a contemporary edge, *Wasted* continues to be timely and relevant.

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